

CAPT

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TECH TALK

January 2010



From the President's Desk

It is with great excitement that I'm writing my first article as 2010 CAPT President.

Many thanks to all of you for trusting me with this position and I hope to serve you well.

Thank you to Ann Freiberg for her awesome direction and support as our President for the last two years.



Thank you to the City of Wheat Ridge for hosting the November 2009 Annual Business meeting. It is always a pleasure attending one of Glenn Mathewson's presentations and the food was fabulous. Thank you to Becky Baker, Gerry George, and Shaunna Mozingo for attending and for their continued support of CAPT.

Requests for 2010 membership dues have been sent out. If you have not filled yours out and sent it in, I encourage you to do so. Without our membership and their support CAPT would not be the great organization we are today.

I also invite you to consider serving on the Board. We are always looking for new ideas and ways of improving the organization. If you would like to attend one of the board meetings to get an idea of what the duties would entail, we'd be happy to have you.

I believe 2010 is going to be a great year and I look forward to working with all of you.

Darla Brooks

Colorado Chapter of the International Code Council 25th Annual Educational Institute

Courses offered Technical Aspects Path

Monday

Leadership Essentials Power of Positive Leadership Lynn Pollard, Pollard Consulting

Learn how to create and maintain positive attitudes and positive thinking in yourself and others! Recognize what is required to create innovation and "buy-in" at all levels! Become a force for positive change through your positive leadership.

Tuesday/Wednesday

The Complete Permit Technician Steve Burger, Bureau Veritas

This 2-day course is intended to provide essential information in the areas of code history and administration, legal aspects, customer service, basic construction, inspection process, zoning terms, permit fee calculations, basic occupancy, construction types, basic means of egress and dealing with difficult customers. Please bring a calculator, 2009 IBC, 2009 International Zoning Code, Legal Aspects of Code Administration and Basic Code Enforcement books.

**Monday, March 1—
Friday, March 5, 2010**

**Denver Marriott
Technological Center**
4900 S Syracuse Street
Denver CO
303-779-1100

Thursday

Reading Plans Steve Thomas, CCC, LLC

This class will focus on the layout of construction documents and how to read the plans for compliance with the codes. The recommended order of the plans and how they are laid out will be discussed, including the civil, electrical, architectural, plumbing, structural, mechanical and fire sprinkler plans. The use of symbols and scales on drawings will also be discussed and how to interpret their use.

Friday

Residential Plan Review Steve Thomas, CCC, LLC

This class is designed primarily for the building department employee who has an interest in learning more about the plan review aspects of working at the front counter. The course is intended to provide essential information that will assist in doing plan review as it relates to such items as patio covers, room additions, decks, garages, and other small residential projects.

For registration information and a list of additional courses offered go to
www.coloradochaptericc.org

**CAPT WOULD LIKE TO CONGRATULATE THE COLORADO CHAPTER
CELEBRATING 25 YEARS OF EXCELLENCE IN EDUCATION**

25

TALK OF THE TRADE



Winter Advice

It's that time of the year when slips and falls occur at an increasing number. Although crews do a very good job of keeping the sidewalks and steps clear of snow and ice there may be icy patches they may not have had a chance to get to before you've walked to your office or work site. The list below provides some good advice on being aware of your surroundings during the winter months and ways to prevent slips and falls.

- Wear proper footwear.
- Take small steps to keep your center of balance under you.
- Walk slowly and never run on icy ground.
- Keep both hands free for balance, rather than in your pockets.
- Use handrails from start to finish.
- Avoid carrying loads on stairways; or carry loads that you can see over.
- Keep your eyes on where you are going.
- Test potentially slick areas by tapping your foot on them.
- Step - Don't jump from vehicles and equipment.

Keep walkways clear of debris, water, ice and slippery materials.

When these helpful hints don't work, and you know you are going to slip, try to reduce your potential injury when falling by:

- Roll with the fall. Try to twist and roll backwards, rather than falling forward.
- Relax as much as possible when you begin to fall.

Toss the load you are carrying. Protect yourself instead of the objects being carried.

(List from OEHS, Wayne State University)

Change Your Thoughts and You Change Your World

H i g h l i g h t s

We're on the Web
www.cocapt.com

Congratulations to "your name here" on passing your Permit Technician certification test.

If you have recently passed an ICC exam or have a milestone you would like to share let us know. We would like to acknowledge your success. Please send your name, jurisdiction and type of certification received to: lcarpent@jeffco.us

Permit Tech Spotlight

Melissa Mackey started working for the Wheat Ridge Building Department in June 2008. With lots of help from co-workers Kristy Shutto and John Schumacher Melissa received her permit technician certification in December 2008.

Melissa and her boyfriend of over 5 years recently bought their first home in Thornton. They have 3 wonderful dogs and an African Spur Thigh Tortoise, all of which are under 3 years old. Melissa enjoys hiking, biking, camping, swimming, cross stitching, playing board games, and watching movies. She also has an amazing and very supportive family. Her father sacrificed a lot to make her who she is today, and for that she is very grateful.



2009 November CAPT Meeting



November's Annual Business Meeting was well attended. Glenn Mathewson presented an informative class on decks followed by the annual luncheon and election and installment of 2010 Officers and Directors. Darla Brooks will serve as CAPT President for 2010.

Ann Freiberg, outgoing CAPT President, presented Gerry George with a plaque making him a lifetime Honorary Member for his dedication to CAPT over the past ten years.

Safety Tip: Winter Safety. Colder months bring with them different risks of personal injury than warmer ones, and it's important to have a good understanding of winter safety issues. You want to dress appropriately for the weather when venturing outside, and wearing several layers of clothing is a good idea. You will be well insulated against the cold and can remove layers if you feel too warm. Make sure that your head, ears and hands are covered. Learn the symptoms of frostbite. Be alert for patches of skin that appear grey or yellow in color and pay particular attention to the fingers, toes, ears and face since these areas are most often affected. Educate yourself about hypothermia. Hypothermia occurs when a person is exposed to a combination of low temperatures, wind and moisture at the same time.



CAPT currently has two vacant director positions and is seeking volunteers to fill these positions in 2011.

The board would like to extend an invitation to anyone interested in serving in 2011 to attend board meetings in 2010. The first board meeting of the new year will be held at the City of Lakewood on February 24, 2010.

Serving on the CAPT board is a great opportunity and offers CEU's for certification renewal.

CAPT 2010 Officers

Darla Brooks—President
Nicole Montgomery—1st Vice President
Kathy Dean—2nd Vice President
Kimberly Segura-Bates—Treasurer

Board of Directors

Monica Bordash
Leslie Carpenter
Kristy Shutto
Vacant
Vacant



Ann Freiberg—Past President



**Don't forget to pay
your CAPT
dues for 2010!**

**Until you make peace with who you
are you'll never be content with what
you have.**



Please Note: All National Certification examinations that are referenced to the International Codes will be updated to the 2009 International Codes effective January 1, 2010.

You will only be allowed to bring the 2009 versions into the testing site.

Way To Go CCICC

COLORADO CHAPTER OF THE ICC NAMED CHAPTER OF THE YEAR

The Colorado Chapter of the ICC was named Chapter of the Year during the Awards Luncheon at the 2009 Annual Conference in Baltimore.

To earn this designation, a chapter must demonstrate a high degree of professionalism in promoting the vision, mission and goals of the Code Council. The Chapter of the Year also distinguishes itself through the development and implementation of programs designed to increase the professionalism of its members and code officials everywhere, and participate in local, state, regional or national activities to increase the public's awareness of safety in the built environment.



2009 Code Council Annual Conference
Baltimore, Maryland
State of Colorado



Baltimore Code Hearings 2009

by Nicole Montgomery, City of Westminster

I was fortunate to be able to attend the 2009 Annual Business Meeting in Baltimore on behalf of CAPT November 1st through 4th. Attending the conference was an amazing (and exhausting!) experience and I would encourage all CAPT members to try to attend if you ever get the chance.

The Colorado Chapter of ICC (CCICC) was incredibly well represented during the code change hearings as well as the Annual Business Meeting and I was proud to be associated with such a great chapter. During the Awards Luncheon The Colorado Chapter received the Chapter of the Year award. This award recognizes the incredible effort put forth on behalf of CCICC in representing ICC's goals.

In addition, a merit Award was presented to the Washington State Association of Permit Technicians (WSAPT). Merit Awards are presented to chapters that distinguish themselves through activities that demonstrate the goals and objectives of the association. "We accept this award, not only for our chapter, but for the permit technician profession," said Washington State Association of Permit Technicians Chapter President, Judy Pozarich (center). "I would like to personally thank (ICC Board member) John Darnall and (Vice President of Chapter Relations) Laura Scott for their support and encouragement. They have been instrumental in our success. We would not be here without them."



A Permit Tech Ad Hoc Committee was formed several years ago and ICC donated booth space for the committee. Several chapters donated promotional materials and giveaways which were extremely popular amongst conference attendees due to the large amount of candy and toys volunteers were handing out.

Donating permit technician chapters included Washington State, Kansas, New Jersey, Texas, Reno and Colorado.



CAPT LIBRARY

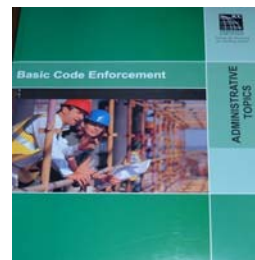
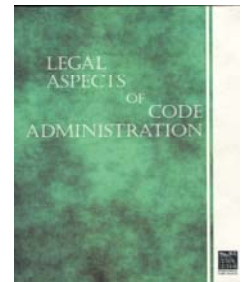
- 📖 2009 International Building Code
- 📖 2009 International Zoning Code
- 📖 2002 Legal Aspects of Code Administration
- 📖 2002 Legal Aspects Workbook
- 📖 Basic Code Enforcement
- 📖 VHS Video/World Trade Center: A Modern Marvel (1973-2001)
- 📖 VHS Video/The Quiet Heroes
- 📖 DVD People Helping People



Study Materials available for checkout to CAPT members.

Contact:

Leslie Carpenter at lcarpent@jeffco.us or 303-271-8287 if you would like to check out materials from the library.



Excellence is not a skill it's an Attitude

All National Certification examinations that are referenced to the International Codes will be updated to the 2009 versions effective January 1, 2010.

Books needed for the Certified Permit Technician test:

2009 IBC (chapters 1-3, 6, 12 and 34)
 2009 IZC
 2002 Legal Aspects
 Basic Code Enforcement (8th printing or later)

Exam Details and Fees

\$180.00 computerized
 60 multiple-choice questions—
 Open Book—2 hour limit
 General Administration 39%
 Legal Aspects 22%
 Plans and Documents 25%
 Zoning and Site Development 14%

Number to call to schedule an exam
 1-800-275-8301

<http://www.iccsafe.org/certification>

Tid Bit

Wellness Tip: "Managing Your Emotions" — Understanding and controlling your emotions is as important as managing your physical health. Here are suggestions from the American Academy of Family Physicians that may help:

- o Express your feelings, but do it in an appropriate way. Don't keep your emotions bottled up. Talk to a close friend or relative if something is bothering you.
- o Don't ignore your emotions. If talking with a close friend or relative doesn't work, seek professional help.
- o Prepare before you act out emotionally. Don't simply lash out in anger, frustration or sadness or you may regret what you say.
- o Achieve a healthy balance of work, play and relaxation, remembering to look for the positive in all situations.
- o Since your physical health affects you emotionally, eat a healthy diet, avoid drugs and alcohol, and get frequent exercise. (Health Day, October 2009)



Colorado Chapter of the International Code Council Meeting Announcement

Date: February 19, 2010
Location: Boulder, Colorado

Visit: www.coloradochaptericc.org for meeting agenda, map and information.



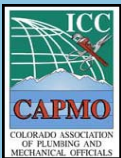
ICC CONTACTS

1-888-ICC-SAFE (422-7233)

Web address: www.iccsafe.org

International Code Campus:
www.icccampus.org

eNews - The International Code Council's award winning electronic newsletter, distributed monthly, keeps members and interested parties up to date with International Code Council programs and relevant industry activities. Read the current issue at www.iccsafe.org/news



Colorado Association of Plumbing and Mechanical Officials

Sam Dardano
President
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Next meeting January 21, 2010
Jefferson County



Fire Marshal's Association of Colorado

Rob Geislinger
President
720-274-3704

rgeislinger@parkerfire.org
www.co-fmac.org